

COURSE OUTLINE

SPORT - VOCATIONAL



St Katherine's School



COURSE OUTLINE

You will learn about the fundamental anatomy and physiology that affects sports performance, how training and following programmes of work can adapt the body for sporting performance. Understand the potential careers and job opportunities can be followed and the analysis of practical performance.

DETAILS ABOUT THE COURSE

Topics covered:

Cognitive functioning, Developmental psychology, Research methodologies, Social influences, Biopsychology, Issues and debates, Gender, Schizophrenia

Extra-curricular/trips:

Links with Bristol University for guest lectures and visits.

Future prospects:

Psychologist, teaching, counselling, marketing, consulting, human resource management.

You might also take...

Biology, PE, English, geography, history, maths, sport, philosophy and ethics.

KEY INFORMATION

Prior attainment:

Five grades at 9-4
L2 pass in sport preferred
L2 merit in sport desirable

Assessment:

40% external assessment
60% internal assessment

Year 1:

Unit 1 (90 GLH mandatory) - Body systems and the effects of physical activity (external exam)

Unit 2 (90 GLH mandatory) - Sports coaching and activity leadership (coursework)

Year 2:

Unit 3 (60 GLH mandatory) - Sports organisation and development (external exam)

Unit 18 (60 GLH optional) - Practical skills in sport and physical activities